



# Cub Scout Sports: Flag Football

Cub Scout Pack 49

Denison, Iowa

Name of Scout: \_\_\_\_\_ Den: \_\_\_\_\_ Date: \_\_\_\_\_

**Please check what you have completed for either the loop or the pin:**

## **REQUIREMENTS FOR THE FLAG FOOTBALL SPORTS BELT LOOP**

Complete these three requirements:

- \_\_\_ Explain or discuss the simple rules of flag football with your den.
- \_\_\_ Practice running, passing, and catching skills for at least 30 minutes.
- \_\_\_ Play a game of flag football.

## **REQUIREMENTS FOR THE FLAG FOOTBALL SPORTS PIN**

- \_\_\_ Required: Belt loop previously earned (or all three of the above requirements checked).

Complete five of the following requirements:

- \_\_\_ Layout and properly mark a flag football field at a park or playground.
- \_\_\_ Explain the difference between defense and offense in a flag football game.
- \_\_\_ Describe five different positions a player may play in flag football. Name the position that you prefer to play.
- \_\_\_ During three half-hour sessions, practice the skills of passing, hand-offs, rushing, and running.
- \_\_\_ Participate in a flag-football clinic.
- \_\_\_ Consider all the people who make it possible to play a game of flag football. List parents, coaches, team members, scorekeepers, referees, groundskeepers, etc.
- \_\_\_ Play in five flag football games without incurring a penalty.
- \_\_\_ Explain and demonstrate at least six football officiating signals.
- \_\_\_ Attend a high school, college, or community league football game.
- \_\_\_ Read a book about a football player and tell your den or family about the player's training and work ethics.
- \_\_\_ Talk with a referee or official of a high school, college, or community football league and learn about the job he or she does at a football game.

I certify that this Cub Scout has completed the above marked requirements to the best of his ability.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_