



Cub Scout Sports: Table Tennis

Cub Scout Pack 49

Denison, Iowa

Name of Scout: _____ Den: _____ Date: _____

Please check what you have completed for either the loop or the pin:

REQUIREMENTS FOR THE TABLE TENNIS SPORTS BELT LOOP

Complete these three requirements:

- ___ Explain the rules of table tennis to your leader or adult partner.
- ___ Spend at least 30 minutes practicing table tennis skills.
- ___ Participate in a table tennis game.

REQUIREMENTS FOR THE TABLE TENNIS SPORTS PIN

- ___ Required: Belt loop previously earned (or all three of the above requirements checked).

Complete five of the following requirements:

- ___ Compete in a pack or community table tennis tournament.
- ___ Demonstrate your knowledge, use, and care of the equipment needed to play table tennis (racket or paddle, table and net, ball, tennis or basketball shoes, and comfortable clothing).
- ___ Practice 30 minutes developing serving skills.
- ___ Practice 30 minutes developing your forehand and backhand strokes.
- ___ Explain to your leader or adult partner how spin affects the bounce of the ball.
- ___ Accurately set up a table tennis table and net according to USA Table Tennis rules.
- ___ Play five games of table tennis.
- ___ Participate in a table tennis skills development clinic.
- ___ Explain to your leader or adult partner how to score a table tennis game.
- ___ Participate in a game of doubles table tennis (four people playing in one game, two people per side).

I certify that this Cub Scout has completed the above marked requirements to the best of his ability.

Signed: _____ Date: _____