



Cub Scout Sports: Volleyball

Cub Scout Pack 49

Denison, Iowa

Name of Scout: _____ Den: _____ Date: _____

Please check what you have completed for either the loop or the pin:

REQUIREMENTS FOR THE VOLLEYBALL SPORTS BELT LOOP

Complete these three requirements:

- ___ Explain the rules of volleyball to your leader or adult partner.
- ___ Spend at least 30 minutes practicing skills to play the sport of volleyball.
- ___ Participate in a volleyball game.

REQUIREMENTS FOR THE VOLLEYBALL SPORTS PIN

- ___ Required: Belt loop previously earned (or all three of the above requirements checked).

Complete five of the following requirements:

- ___ Compete in a pack, school, or community volleyball tournament.
- ___ Demonstrate skill in two volleyball passing techniques: forearm pass and overhead pass (setting).
- ___ Demonstrate skill in two volleyball serving techniques: underhand and overhand.
- ___ Spend at least 90 minutes in practice to develop individual skills for volleyball. Make a chart to record your practice efforts.
- ___ Explain how volleyball matches are scored, including the terms side-out and rally scoring.
- ___ Accurately lay out a volleyball court.
- ___ Play five games of volleyball.
- ___ Officiate at least three games of volleyball.
- ___ Explain the importance of good sportsmanship.
- ___ Attend a high school, college, or professional volleyball game.

I certify that this Cub Scout has completed the above marked requirements to the best of his ability.

Signed: _____ Date: _____